



## Continental Breakfast Menu

### Breakfast is available from 7.30am to 8.45am

Porridge, fresh seasonal fruits as available, yoghurt, compotes when fresh seasonal fruits not available, cereals, fruit juices.

Selection of breads, toast, rolls, preserves and pastries.

Selection of cheeses, cold meats, smoked salmon, hard boiled eggs.

Tea, Coffee, a selection of Fruit and Herbal teas are available including decaf options.

### Available for a small extra charge:

#### Smoked Salmon and Scrambled Eggs

Local smoked salmon served with scrambled eggs from local free range hens on a wholemeal toast round or muffin, garnished with tomato and lemon.



Both Porridge and Smoked Salmon and Scrambled Eggs must be ordered the night before to allow for adequate preparation.

If you have any special dietary requirement please tell us when you make your reservation so we can obtain the items you would like i.e. lactose free, gluten free etc. We are also happy to obtain vegetarian sausages if required. We reserve the right to vary the menu depending on availability of items. We may at times provide other items as variety depending on availability.